



BABY PROOFING CHECKLIST



1. Bathroom Safety

Babies can drown in as little as 2 inches of water, so never let your babies play in the bathroom or leave them alone. Use these safety guidelines as a starting point and be sure to check your bathroom for other hazards that may not be listed.

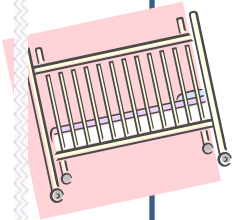
- Lower water heater thermostat to 120 degrees to prevent scalding.
- Put a toilet lock on the toilet lid.
- Lock the medicine cabinet or move medicine out of reach.
- Electrical outlets should be GFCI (shock shut-off) and should have outlet covers.
- Supervise children while bathing. Never leave them unattended.
- Unplug and put away any hair dryers, etc. with dangling cords.
- Install cabinet latches to safeguard toiletries and cleaners.
- Do not place used razors and other dangerous items in an accessible waste basket.



2. Crib Safety

Use these safety guidelines as a starting point and be sure to check your home for other hazards that may not be listed.

- Move furniture, including crib, away from windows.
- Keep crib bumpers, toys, or any loose blankets out of the crib (suffocation hazard).
- If buying a used crib, check for any possible recalls.
- Remove mobiles from cribs when your child begins to reach for them.
- Once your baby can pull up to a standing position set the crib mattress to the lowest position.
- Secure dangling drapery cords and blind cords with a cord wrap, or use cordless blinds.



3. Window Safety

Use these safety guidelines as a starting point and be sure to check your home for other hazards that may not be listed.

- Install window guards to help prevent falls from windows.
- Use window stops to prevent windows from opening beyond 4 inches.
- Install window blind cord wraps to prevent the strangulation hazard or use cordless blinds.
- Open double hung windows at the top if possible.



Disclaimer: This checklist is for reference only and may not cover all the child safety issues in your home, or with your child.

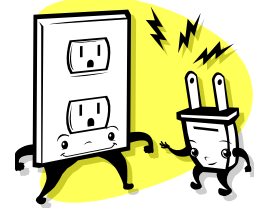
© The Mommy Bunch - <http://mommybunch.com>
and KidSafe Home Safety Products <http://www.kidsafeinc.com/>

BABY PROOFING CHECKLIST

4. Electrical Safety

Use these safety guidelines as a starting point and be sure to check your home for other hazards that may not be listed.

- Cover all in use child-accessible outlets with an outlet cover.
- Use outlet protectors that cannot easily be removed, and are large enough so that children cannot choke on them. The Safe Plate has a spring loaded door that closes automatically to cover the outlet.
- Cord shorteners can help secure excess lamp and appliance cords.
- Use a power strip safety cover to protect exposed power strips.
- Keep fans and portable heaters out of baby's reach.



5. Kitchen Safety

The Kitchen is full of potential dangers to your child. Use these safety guidelines as a starting point and be sure to check your kitchen for other hazards that may not be listed.

- Keep your dishwasher latched at all times to avoid access to knives, glasses, etc. Add the caustic soap only when you are ready to use it.
- Use the back burners on your stove and turn the pot handles to the back. Install a stove guard barrier. Use stove knob covers to prevent use.
- Use an oven lock to prevent access to the hot oven. Many newer stoves come with this feature built in.
- Use cabinet latches at the under-sink cabinet if you store cleaning products here. Or move them to a higher out-of-reach cabinet.
- Keep a fire extinguisher in the Kitchen.
- Move appliances to rear of counter, and secure dangling cords.
- Always strap child in high chair.
- Keep all emergency numbers by the phone, including Poison Control.
- Empty all buckets and store upside down.
- Move small refrigerator magnets out of reach, they can be a choking hazard.



Disclaimer: This checklist is for reference only and may not cover all the child safety issues in your home, or with your child.



*The Mommy Bunch - <http://mommybunch.com>
and KidSafe Home Safety Products <http://www.kidsafeinc.com/>*

BABY PROOFING CHECKLIST



6. Door Safety

Use these safety guidelines as a starting point and be sure to check your home for other hazards that may not be listed.

- Use a bi-fold door lock to prevent babies from pinching their fingers or opening bi-fold doors.
- Door knob covers can keep babies from opening off-limits doors, but will allow adult use. Lever style knob covers are also available.
- Use a door pinch guard or a door holder to prevent pinched fingers.

7. Other Areas of Concern

Use this space to fill in areas in your own home that you feel need to be addressed. You can keep a list of areas and/or ideas on how to baby proof that area. Some ideas may be: pools, deck areas, stairways, etc.

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Disclaimer: This checklist is for reference only and may not cover all the child safety issues in your home, or with your child.